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For Immediate Release

Koeppel Rosen Announces Lease Expansion for Bridge Medical at 389 Fifth Avenue

New York, NY – (May 2, 2025) – [Koeppel Rosen LLC](#), leasing and management agent for the Rosen family portfolio, and stewards for a number of historic Manhattan office properties, announces that Alllexian, dba Bridge Medical, has expanded at 389 Fifth Avenue by 3,027 square feet, and is now occupying a total of 6,832 square feet on the building's fourth floor.



Bridge Medical provides a comprehensive suite of mental health services for patients with concussions, traumatic head injuries, PTSD, anxiety, depression, as well as Alzheimer's and other neurological conditions. Bridge offers forensic neuropsychological evaluations, a comprehensive cognitive therapy program, as well as psychology and psychiatry. All services are provided through both telehealth and in-person visits, delivered by a team of PhD-level psychologists and board-certified psychiatrists.

"Bridge Medical has been a tenant at 389 Fifth Avenue for a few years and was looking to expand at the property to accommodate company growth," said Max Koeppel, Director of Leasing, Koeppel Rosen LLC.

“The mental health services provider wanted to expand within the building given its convenient location for patients, and our team was able to work with them to secure a space that met their needs.”

The tenant was represented by Steven Gurton of R New York, while ownership was represented in house by Max Koeppel.

Built in 1922, 389 Fifth Avenue is a 123,195-square-foot, 12-story building with office and showroom space on the corner of Fifth Avenue and East 36th Street. The building is fully renovated, featuring windows on three sides and a new lobby and corridors, upgraded elevators, and new restrooms. With an attended lobby, the building is accessible 24/7/365 via a key-card system.

The roster of tenants currently leasing space at 389 Fifth Avenue includes GMA Accessories, Action Without Borders, aka Idealist, a non-profit service organization. The well-located building sits near a variety of mass transit lines and offers proximity to Grand Central Terminal and Penn Station.

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About Koeppel Rosen

A prominent presence for generations in the New York City real estate market, the Koeppel and Rosen families have combined their decades of experience into a partnership that provides well-located, meticulously managed, and competitively priced properties to tenants seeking office space in Manhattan. For more details, visit <https://www.koeppelrosen.com/>.