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The New Jewish Home Opens State-of-the-Art Adult Day Health Care Program at Simone Development's Hutch Metro Center in the Bronx

Welcoming and Spacious 23,000 Square-Foot Facility Offers Innovative Programs Including Medical, Social and Therapeutic Services

(Bronx, NY – May 16, 2018) – New Yorkers now have access to a new state-of-the-art adult day health care facility offering medical, social, and therapeutic services for people with chronic health conditions. A program of **The New Jewish Home**, the spacious and welcoming facility is conveniently located on the first floor of Simone Development's Hutchinson Metro Center at 1200 Waters Place in the Bronx.



Photo Caption: Marking the grand opening of The New Jewish Home's new state-of-the-art adult day health care facility at the Hutchinson Metro Center in the Pelham Bay section of The Bronx are (left to right): Jeffrey I. Farber, M.D., President and CEO of the New Jewish Home; Jacob Victory, COO of the New Jewish Home; Elliot Hagler, CFO of the New Jewish Home; Michael Luskin, Chairman of the Board of Directors; Joseph Kelleher, President of Simone Metro Properties; New York City Council Member Mark Gjonaj; Michael Lewis, Project Executive at MCG Construction; Michael Borrero, Vice President of Property Management and Operations at the Adult Day Program.

The New Jewish Home is one of the nation's largest and most diversified nonprofit older adult health care systems, providing rehabilitation, skilled nursing and health care programs, which serves 12,000 older adults of all faiths and ethnicities annually.

The Adult Day Health Care Program provides a diverse array of physical and mental health services for adults who live with chronic health conditions including, for example, heart disease, diabetes, behavioral health problems, and Alzheimer's and dementia, as well as for the very frail, the cognitively impaired and those who need rehabilitation.

Among the available services are: physical, occupational and speech therapy; a behavioral health program; diabetes management; medication management; health monitoring; skilled nursing care; nutritional counseling; and social work services. A special night care program provides a safe place for people with Alzheimer's disease and other dementias, giving family members and caregivers much-needed respite and relief.

The services are provided by a supportive, nurturing and highly-skilled staff comprising a medical doctor, nurses, a certified psychiatric nurse, speech, occupational and physical therapists, a nutritionist, an alcohol and substance abuse counselor, and social workers.

Set in 23,000 square feet of newly-renovated and beautifully-designed space, the program offers:

- Four themed dining areas the Salon, Pub, Garden and Patio which provide nutritious meals and healthy snacks;
- Private suites with professional rehabilitation equipment, including a recumbent cross trainer, treadmill and leg extension machine;
- Individual areas for massage, electrotherapy and ultrasound treatment;
- A spacious library with hundreds of books, periodicals and magazines;
- Calming garden room for reflection and meditation;
- Welcoming lounge with a cozy fireplace; and
- Six recreational areas, including an arts and crafts room.

Participants can also enjoy a wide range of classes, including art, music, gardening and photography, as well as access to a high-tech media center and computer lab.

Jeffrey I. Farber, M.D., President and CEO of The New Jewish Home, said, "For more than a century, The New Jewish Home has been providing older New Yorkers with high quality and compassionate health care. With the opening of our new state-of-the-art Adult Day Health Care Program, we are bringing critically-needed support services and high-quality person-directed care to the community – all in a beautiful, safe and caring environment."

"We are extremely happy to have worked with The New Jewish Home on the opening of their Adult Day Health Care Program. It's a state-of-the-art new facility helping older New Yorkers. It's also an example of the Hutch Metro Center's being the destination of choice for major service providers in the Bronx, offering convenient access to Manhattan, Queens, Long Island and Westchester," said **James MacDonald**, **Vice President of Leasing at Simone Metro Properties**.

For more information go to https://jewishhome.org/adult-day-health-care-2/ or call 718-484-5629.

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ABOUT SIMONE DEVELOPMENT COMPANIES

Simone Development Companies is a full-service real estate investment company specializing in the acquisition and development of office, retail, industrial and residential properties in the New York tri-state area. Headquartered in the Bronx, the privately held company owns and manages more than 5 million square feet of property in the Bronx, Westchester County, Queens, Long Island, New Jersey and Connecticut. The company's portfolio includes more than 100 properties and ranges from multi-building office parks to retail and industrial space.

ABOUT THE NEW JEWISH HOME:

Serving New Yorkers of all faiths and ethnicities, The New Jewish Home was founded as the B'nai Jeshurun Ladies Benevolent Society for the Relief of Indigent Females in 1848. One of the nation's largest and most diversified nonprofit older adult health care systems, Jewish Home serves 12,000 older adults each year, in their

homes, on campuses in Manhattan and Westchester, and in senior housing residences in the Bronx, through short-term rehabilitation, long-term skilled nursing, senior housing, and a wide range of home health programs. Jewish Home believes that high-quality care and personal dignity are everyone's right, regardless of background or economic circumstances. Technology, innovation, applied research, and new models of care put The New Jewish Home at the vanguard of older adult health care across the country. For more information, visit www.jewishhome.org.